

WELCOME VISITORS: We are so happy to have you as a part of our community today! If you are looking for next steps in getting involved with our congregation, we hope you will stop by the Welcome Table in the Social Hall. Please join us for refreshments and fellowship in the Social Hall following today's service!

MEMBERSHIP AT UUI: Being a member is an exciting journey - begin yours at UUI! Come, join a community of inquiring minds and open hearts. Folks interested in membership should talk to Holly Hendrickson at the Welcome Desk or email comms@uui.org.

CHILDREN & YOUTH INFORMATION: On Sundays, please stop by our Religious Exploration Table just outside our main doors. In-Person Religious Education for children and youth is offered every Sunday. Children and youth are also welcome to attend the Service with their family. Online Religious Exploration programming is available throughout the week. For more information about in-person and online programming, please go to www.uui.org/religious-education or contact our Director of Lifespan Religious Exploration, Sarah Cannon, at sarah@uui.org.

The 7 Principles of UU

We, the member congregations of the Unitarian Universalist Association (UUA), covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

The 8th Principle of UU

Members of UUI voted to adopt the 8th principle as a congregation: *We, the members of UUI, covenant to affirm and promote:*

- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

UUI is a Certified Welcoming Congregation celebrating the presence and participation of LGBTQ persons and a Certified Green Sanctuary under guidelines of the Unitarian Universalist Association of Congregations. Our mission is to be a welcoming community for spiritual growth, moral reflection, social action, and religious education.



Unitarian Universalist Church of Indianapolis

WARM HEARTS, OPEN MINDS, HELPING HANDS

May 12, 2024

GATHERING

Welcome

Prelude: "Morning Has Broken" arr. Keveren

Chalice Lighting & Opening Words

Opening Hymn: #38 "Morning has Broken"

AFFIRMING

Covenant

Love is the spirit of this church, and service is its law.

To dwell together in peace, to seek the truth in love, and to help one another, this is our covenant.

El amor es el espíritu de esta iglesia, y el servicio es su ley. Vivir juntos en Paz, buscar la verdad en el amor, y ayudarnos unos a otros, este es nuestro pacto.

Announcements

Joys and Sorrows

Meditation Hymn: #123 "Spirit of Life"

EXPLORING

Words for All Ages

Singing the Children Out: "Children's Blessing" by Jason Shelton

Sermon: "Mental Load & Emotional Labor" by Rev. Dawn

Special Music: "Prayer Chant (We Resist)" performed by the UUI Choir

GOING FORTH

Offertory Introduction

Offertory: "Water Is Wide" traditional

To donate, text the amount and one of these words to 317-483-7999:
share (Share the Plate), pledge (pledge payment)

Closing Words

Closing Hymn: #1014 "Answering the Call of Love"

Extinguishing the Chalice

And now we extinguish the flame of our chalice, but not the light of understanding, the warmth of compassion, or the fire of commitment. Let us keep those with us until we meet again. Go in peace.

Recessional

Unitarian Universalist Church of Indianapolis, 615 West 43rd Street,

Indianapolis, IN 46208, www.uui.org office@uui.org 317-283-4760

Follow us on Facebook (uindy), Instagram (uindianapolis), and X (UUIndy)!

Serving this Sunday

Minister

Rev. Dawn Cooley

Worship Associate

Kathy Dewees

Music Director

Linda Parr

Songleader

Patrick Bakle

Special Music

UII Choir

Piano

Jill Stewart

Tech Team

Piero Madar

Tom Bell

Ushers

Pat Lawler

William Marsh

Donna Marsh

Welcome Desk

Holly Hendrickson

Ellen Burdge

Board of Trustees

President

Jennifer Gatz

Secretary

Tammy Jackson

Vice President

Holly Hendrickson

Trustees

John Russell

Kate Stephens

Mike Hertel

Joshua Elliott

Sharon Chrust

Contact Us

Minister

Rev. Dawn Cooley (revdawn@uui.org)

Board President

Jennifer Gatz (president@uui.org)

Director of Religious Education

Sarah Cannon (sarah@uui.org)

Congregational Administrator

Mara Haium White (office@uui.org)

Music Director

Linda Parr (linda@uui.org)

For publications submissions

announcements@uui.org

If you are, or will be, in need of a home or hospital visit, please email caring@uui.org, or call the UUI office at 317-283-4760.

Sunday Food Donations

UUI collects donations of canned goods and other non-perishable food items every Sunday for the Boulevard Place Food Pantry here in our neighborhood. Please place your donated items in the cart in the Social Hall.

Daily Morning Meditation

Take a mid-morning break weekdays to re-center yourself. At 10am, Monday-Friday on Zoom, we offer a short meditation followed by a time for a group check-in. Please email comms@uui.org for the Zoom link.

The UUI Men's Group

For interesting and stimulating conversation, you may want to join the Men's Group that meets each Tuesday at 2pm. Meetings are in the Cottage Library. You may bring up any issue that is on your mind, whether about the UUI Church, religion in general, politics, or social and cultural issues affecting everyone.

New Group! - Drum Church

Adults are invited to a drum circle on third Sundays for an hour of "Rhythm Church". This is a rhythm-based community of percussion interaction. You may bring your own percussion instruments. These will be spontaneous sound sessions, playing as we feel with Sandra Gruber's guidance. Next session: May 19 from 2-3pm in the Commons.

Ladies Noon Out (LNO)

Please join the women of UUI for lunch on May 15 at noon at Eating Fresh, 6255 N. College Ave., Indianapolis. There is plenty of parking behind the building. RSVP's are helpful but not necessary! Food, fun and friends! What could be better? Contact Sharon Chrust, comms@uu.org. LNO is now meeting on third Wednesdays at noon at various restaurants.

Shared Ministry Opportunities

Sunday Sliders Needed

Having slides is useful, and likely important, for having a quality service experience. Unfortunately, slides don't make themselves. It takes people to do this. We need three people, will take approximately 3 hours a month per person, to share this role so that the Sunday slides will be there for us all. See description of role in "Slack #volunteer-needs." Or contact Nan Schulte by emailing with subject line "Sunday Sliders" to comms@uui.org.

Peace Camp Needs You!

Are you willing to be present to support before and after care at Peace Camp? We need folks who can be present on one or more days the week of July 15-19 from: 7:30-9:00am; 4:00-5:30pm. Before and after care provide vital support for working parents and ensure our camp is more fully inclusive and welcoming. These are low-key periods where kids have choices including crafts, morning movies, and afternoon outdoor play. Reach out to Sarah at sarah@uui.org.

Fundraising Team Leaders

The Fundraising Team is looking for new leaders to organize a couple of fundraisers each year. Contact Carla Koertge Cote if you're interested in participating! 317-691-2525 or ckoertge@comcast.net for more information.

RE Nursery Volunteers Needed

Do you love cuddling babies and playing with our littlest UUs? Volunteer in the nursery! Your service teaches our youngest children that UUI is a community where they are cherished and belong. Please reach out to Sarah at sarah@uui.org to volunteer!

Just for Funsies Book Group

Join in on Zoom at 7pm on May 15! Our members take the lead, suggesting books across all genres for our monthly reads. Join us for vibrant discussions and the pure joy of reading. All are welcome! Please contact kate stephens at comms@uui.org with any questions.

Calling for LGBTQ+ Art

The Fine Arts Committee is celebrating Pride this June with an extravagant art display on the walls of the Sanctuary. Whether it's a painting, a photo, or a sculpture, jewelry, or more—we want to celebrate your talent! Bring your creations, ready to hang, on Sunday, May 26. Include the title of your work, your name, phone number and email address on the back of each piece submitted. Please, send your label information to wdougherty8@gmail.com one week prior to submitting work. Contact Jackie Wyatt at jackiwyatt@aol.com or Wendy Dougherty for more info/questions. Let's make some magic together!

Share the Plate

Half of the Share the Plate collection will go to Irvington Counseling Collective who are dedicated to supporting members of the community in living rich, full, and meaningful lives, guided by what they value most and regardless of socioeconomic background (a sliding scale is used). They strive to practice cultural humility in their work, and to create a safe space that warmly supports those who are LGBTQIA+, BIPOC and gender-diverse individuals. Text to give: Text \$ amount and "Share" to (317) 483-7999, or, give online: uui.org.